

Oakwood Psychology Placement Programme

Oakwood Psychology Services is a leading Greater Manchester provider of NHS commissioned community psychological therapies for eating disorders.

What we offer

- Monthly bursary towards external supervision/travel expenses
- Twice monthly case management with a senior practitioner
- Experienced, professional placement programme and team

Group Therapy

Co-facilitation (with experienced therapist) of CBT psychoeducation groups. Suitable for first year trainees or those with less than 100 hours counselling experience upon application. This track may lead to the Individual Therapy track for suited trainees. Entry to the Group Therapy track is via conversational interview.

Individual Therapy

This track offers a caseload of up to five clients at a time. A 12 month/150 hour placement suitable for more experienced trainees. This track requires administration skills, including comprehensive record keeping and clinical liaison. Entry to the Individual Therapy track is via competence interview.

Research

Service audit options on a range of client outcomes and treatment provision variables, suitable for trainees with research experience who are studying within a research-oriented academic training programme.



What we ask

We consider placement applications from qualified practitioners, as well as counselling psychologists in training; counselling diploma, Masters and PhD students.

Essential person specification for the therapy tracks:

- A completed qualification in counselling skills
- Training in integrative/pluralistic counselling and/or CBT
- Clinical writing skills (tested at interview)

Oakwood Psychology Services adheres to BPS and BACP ethical frameworks.

How to Apply

Send your CV (including two referees) and separate formal cover letter to director Caroline Vermes at cvermes@oakwoodgroup.org. If you have questions or would like to discuss your interest please contact Caroline by e-mail.

What they say

“Oakwood is a proficient, ethical placement provider. I gained extensive service-related evidence for my competence portfolio.”

Counselling Psychology student.