

Is your loved one struggling with an eating disorder? Come along to our educational workshop for friends and family:

# Foundations



A monthly virtual seminar offering insight into how treatment for eating disorders operates, tips for how to support your loved one and yourself, and a Q&A session.



FIRST WEDNESDAY  
OF EACH MONTH  
6:00 - 8:00 PM

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ZOOM MEETING ID: 845 692 6783  
PASSCODE: OAKWOOD